ISME/GLOMIS Electronic Journal

An electronic journal dedicated to enhance public awareness on the importance of mangrove ecosystems

Avicennia marina foliage as a salt enrichment nutrient for New Zealand dairy cattle

The presence of salt in mangrove leaves is well known (e.g. Baylis, 1940; Macnae, 1968; Tomlinson, 1986; Hogarth, 1999; Gray *et al.*, 2010), and their use as fodder for grazing livestock such as goats, camels, pigs and cattle has been reported, e.g. Hong and San (1993) for Vietnam; Scott (1995) for Qatar; Hogarth (1999) for Arabia and Pakistan; Lin and Fu (2000) for China; Baba (2004) for Iran; and Spalding *et al.* (2010) for Oman. These reports identify *Avicennia marina* as a key fodder species but in all cases these examples of animal grazing are regarded as either unsustainable and/or poorly managed, representing a threat to mangrove wise-use.

Here, we report for the first time, the use of *Avicennia* foliage as an exciting candidate for salt nutrient supplementation in the context of advanced dairy farming in New Zealand, a developed agricultural country.

Salt blocks are often provided as cattle licks for grazing livestock on New Zealand farms since these soils are low in sodium (O'Conner et al., 2000), an essential element for livestock metabolism. Typically, each block weighs 20 kg and contains ~970 g/kg of sodium chloride (Hobson, 2008). Earlier observations of cattle on farms adjacent to stands of mangroves of A. marina var. resinifera (Tomlinson, 1986; Chapman, 1976) had shown that New Zealand cattle enjoy (selectively graze) mangrove herbage (Maxwell, 1971). Avicennia foliage has 0.2-0.3% salt content (Maxwell, 1993; Gray et al., 2012 and pers. comm.). In addition, leaves of Avicennia have desirable protein content (Hong & Tuan, 1981), and propagules contain carbohydrates that are sufficiently water soluble. When soaked and boiled, they contribute to their long established status as a human food, sometimes known as 'Sea Pea' (Hu, 2005). Hong and San (1993) reported the use of Avicennia propagules as food for the people in Vietnam at times of famine and war. Field (1995) even provided a recipe for processing mangrove propagules into 'olives al' Avicennia'. Despite the presence of tannins in mangrove leaves and propagules, these are lower in Avicennia compared to Rhizophora and Bruguiera (Camilleri, 1989), and this aspect of their chemistry contributes to their potential as food for both humans and domesticated vertebrate herbivores.

This paper reports some results from an on-going series of field experiments on a New Zealand dairy support farm (Waikato region, 35° South). Mobs of 50 mostly yearling heifer cattle were given a grazing selection of three types of herbage: freshly collected *A. marina* foliage (leaves, twigs and sometimes propagules), hay (summer-saved pasture) and new break of fresh pasture (rye-grass plus two species of clover) (Figs. 1 and 2).



Fig. 1. Yearling heifer (young female cattle) eating *Avicennia* foliage on a New Zealand dairy support farm, even before it was placed on the grass paddock



Fig. 2. Young cattle actively selecting *Avicennia* foliage (arrows) over pasture and hay

Volume 10, No. 8

The experiments consisted of three trials, all conducted in late winter or early spring on separated occasions over three alternate years (2008, 2010 and 2012). The protocols involved placing the herbage as fodder in a forage site – a new paddock not visited for 24 days based on a winter rotational grazing regime. Mangrove foliage and hay were placed in a dispersed pattern to enable easy access and opportunities for inspection by the cattle. The cattle thus had three choices of herbage. They had never seen mangrove foliage but had experienced pasture and hay as forage material many times before.

These trials involved observing both initial encounter (inspection) and second encounter (re-visit) of herbage by the cattle. The basis for this method stems from observations that herbivores such as cattle show preferences for specific pasture species when available in sward (e.g. Bohnert *et al*, 1985; Thomas *et al*, 2010). Direct observations were made by 2–3 observers on the number of cattle actively feeding on each herbage type.

Data in Fig. 3 showed strong preference for mangrove foliage. Typically, once the cattle had made their herbage choice, they consumed all the available *Avicennia* foliage before feeding on the pasture (next choice) or hay (last choice). Mangrove material was almost totally defoliated and gnawing of bark was evident (Fig. 4). Bark gnawing was exhibited on 90% of twigs inspected from 60 branches used in the three trials.



Fig. 4. Bark gnawing by cattle (arrow) on twigs of *Avicennia marina*

The findings reported here clearly indicate that even high quality cattle from top producing dairy herds in the technologically advanced agriculture of New Zealand, can enjoy the salty leaves of *A. marina*. In coastal areas on the northern half of the North Island at and north of 38° South (the biogeographic limit of mangroves; Chapman, 1976; Spalding *et al*, 2010), the use of mangrove foliage in a manner described here could contribute to the sensible and sustainable resolution of a growing dysfunctional conflict between two factions of



Fig. 3. Percentage of cattle selecting herbage types on their initial encounter (left) and second encounter (right)

the New Zealand society today. There are those who wish to eradicate *A. marina* and those who wish to see its many values (Maxwell, 2010). Details of this sociological and ecological situation are the subject of a separate paper.

Salt blocks cost money and present the desired sodium as a concentrated mass. Foliage of *A. marina* is nutritional presenting salt and essential nutrients such as proteins, carbohydrates and other minerals. In the promotion of optimal grazing and the conversion of pastures into economically important animal products, the use of mangrove foliage as livestock feed may well optimise feeding in cattle by reducing expenditure of energy and handling costs

(O'Regain, 1993), and increasing nutrient reward with diet diversity. The use of *Avicennia* foliage may be especially helpful during the winter months, when pasture growth is inhibited by the cooler temperatures.

We conclude that the sustainable use of mangroves in New Zealand as livestock feed could be a win-win ecoeconomic solution with benefits for dairy farming and conservation of mangrove ecosystems. Such a management strategy warrants a fresh re-assessment in the country.

Acknowledgements

The senior author acknowledges the encouragement of Prof. S. Baba (Executive Director of ISME) and Dr. H.T. Chan (Editor of ISME/GLOMIS EJ) in the production of this contribution to mangrove sciences.

References

- Baba, S., 2004. What can we do for mangroves. In: Vannucci, M., *Mangrove Management and Conservation, Present & Future*. UNU Press, Tokyo.
- Baylis, G.T.S., 1940. Leaf anatomy of the New Zealand mangrove. *Transactions of the Royal Society of New Zealand* 70: 164–170.
- Bohnert, E., Lescano, C.E. & Weniger, J.H., 1985. Botanical and chemical composition of the diet selected by fistulated steers under grazing on improved grass-legume pastures in the tropical savannas of Colombia. I. Botanical composition of forage available and selected. *Journal of Animal Breeding and Genetics* 102: 385–394.
- Chapman, V.J., 1976. Mangrove Vegetation. Vaduz, Cramer.
- Camilleri, J.C., 1989. Leaf choice by crustaceans in a mangrove forest in Queensland. Marine Biology 102(4): 453-459.
- Field, C.D., 1995. Journey amongst Mangroves. ISME, Okinawa, Japan.
- Gray, L.J., Shubin, K., Cummins, H., McCollum, D., Bruns, T. & Comiskey, E., 2010. Sacrificial leaf hypothesis of mangroves. *ISME/GlOMIS Electronic Journal* 8(4): 7–8.
- Hobson, B., 2008. Summit Salt Block (20 kg). Dominion Salt Ltd., Head Office, New Zealand P.O. Box 4249, M.T. Maunganui South, Bay of Plenty.
- Hogarth, P.J., 1999. The Biology of Mangroves. Oxford University Press.
- Hong, P.N. & Tuan, M.S., 1981. The role of Avicennia genus in the economy. Journal of Biology No. 4, Hanoi: 1-5.
- Hong, P.N. & San H.T., 1993. Mangroves of Vietnam. IUCN, Bangkok, Thailand.
- Hu, S.Y., 2005. Food Plants of China. The Chinese University Press, Hong Kong.
- Lin, P. & Fu, Q., 2000. Environmental Ecology and Economic Utilization of Mangroves in China. CHEP and Springer.
- Macnae, W., 1968. A general account of the fauna and flora of mangrove swamps and forests in the Indo-West Pacific region. *Advances in Marine Biology* 6: 73–270.
- Maxwell, G.S., 1971. A *Phytophthora* sp. in mangrove communities at Piako, New Zealand. M.Sc. Thesis, University of Auckland, N.Z.
- Maxwell, G.S., 1993. Ecogeographic Studies of *Avicennia marina* and *Kandelia candel* in Brunei, Hong Kong and Thailand. Ph.D. Thesis, The University of Hong Kong.
- Maxwell, G.S., 2010. Pp. 155-157 in: Spalding et al. World Atlas of Mangroves. Earthscan, London, UK.
- O'Connor, M.B., Hawke. M.F., Rotherham, J.R. & Coulter, C.P., 2000. Salt supplementation of dairy cows. *Proceedings of New Zealand Grassland Association* 62: 49–53.
- O'Reagain, P.J., 1993. Plant structure and the acceptability of different grasses to sheep. *Journal of Range Management* 46: 232–236.

Scott, D.A., 1995. A Directory of Wetlands in the Middle East. Switzerland and Slimbridge, UK, IUCN & IWRB.

- Spalding, M., Kainuma, M. & Collins, L., 2010. World Atlas of Mangroves. Earthscan, London, UK.
- Thomas, D.T., Milton, J.T.B., Revell, C.K., Ewing, M.A., Dynes, R.A., Murray, K. & Lindsay, D.R., 2010. Preference of sheep among legumes is more closely related to plant nutritive characteristics as plants mature. *Animal Production Science* 50: 114–123.

Tomlinson, P.B., 1986. The Botany of Mangroves. Cambridge University Press.

Gordon S. Maxwell & Connie Lai

Caritas Institute of Higher Education, Hong Kong, and EcoMax Ecosystem Research Centre, Waikato, New Zealand

E-mail: gmaxwell@ihug.co.nz

His e-mail address is changed to gayaumax@gmail.com.